## Axial SpA and inflammatory bowel disease?



of people with axial spondyloarthritis including ankylosing spondylitis (AS) have inflammatory bowel disease<sup>1</sup>

## Ask your patients

Have you had back pain for more than three months? Could it be inflammatory?

Symptoms starting slowly Pain in the lower back

Improves with movement Night time waking Early onset (under 40)



## If your patient has inflammatory back pain and IBD refer to rheumatology

Help us reduce the 8.5 year diagnostic delay for axial spondyloarthritis.



## visit actonaxialspa.com

to find more information, tools to support you and patient stories.

<sup>1</sup>Prevalence of extra-articular manifestations in patients with ankylosing spondylitis: a systematic review and meta-analysis, Carmen Stolwijk, Astrid van Tubergen, José Dionisio Castillo-Ortiz, Annelies Boonen, Annals of the Rheumatic Diseases 2015, 74:65–73

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